Prayer & Worship

APPENDIX A

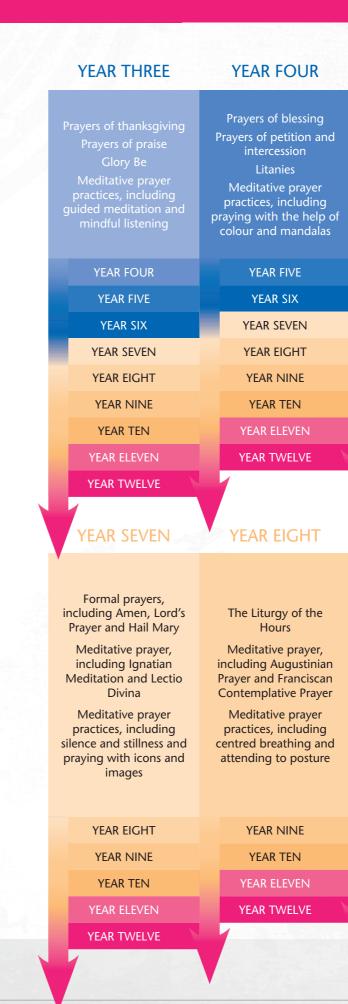
Explicit Teaching about Prayer

Religion Curriculum P-12

Explicit Teaching about Prayer is a resource that supports the *Religion Curriculum P-12*. It depicts the year level at which particular prayers and meditative prayer practices are explicitly taught, as identified in the content descriptions of the Prayer and Spirituality sub strand, and their development across the year levels. Further information and teaching ideas can be found on the Religious Education Curriculum website.

Teaching about prayer in a Catholic or ecumenical school is complemented by opportunities for staff and students to engage in prayer on a daily basis. In the course of their years at school, students will experience a variety of formal and informal expressions of prayer, appropriate to their age and development. Examples can be found in the Prayer and Worship component of the *Religious Life of the School P-12*.

PREP	YEAR ONE	YEAR TWO
Amen Sign of the Cross Meditative prayer practices, including silence and stillness and lighting a candle	Hail Mary Grace Meditative prayer practices, including closing eyes, and praying with beads and music	Prayers for forgiveness, including acts of contrition and Penitential Act Meditative prayer practices, including centred breathing and attending to posture
YEAR ONE	YEAR TWO	YEAR THREE
YEAR TWO	YEAR THREE	YEAR FOUR
YEAR THREE	YEAR FOUR	YEAR FIVE
YEAR FOUR	YEAR FIVE	YEAR SIX
YEAR FIVE	YEAR SIX	YEAR SEVEN
YEAR SIX	YEAR SEVEN	YEAR EIGHT
YEAR SEVEN	YEAR EIGHT	YEAR NINE
YEAR EIGHT	YEAR NINE	YEAR TEN
YEAR NINE	YEAR TEN	YEAR ELEVEN
YEAR TEN	YEAR ELEVEN	YEAR TWELVE
YEAR ELEVEN	YEAR TWELVE	
YEAR TWELVE		



Christian Life

YEAR FIVE

Marian prayers, including Hail Mary, Litany of Mary of Nazareth and Rosary Meditative prayer, including mantras Meditative prayer practices, including praying with Rosary beads

YEAR SIX

YEAR SEVEN

YEAR EIGHT

YEAR NINE

YEAR TEN

YEAR ELEVEN

YEAR TWELVE

YEAR SIX

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Lord's Prayer Meditative prayer, including The Examen Meditative prayer practices, including prayer journaling

YEAR SEVEN

YEAR EIGHT

YEAR NINE

YEAR TEN

YEAR ELEVEN

YEAR TWELVE

YEAR NINE

Prayers and writings of Christian spiritual fathers and mothers

Prayers for forgiveness and healing, including Penitential Act

Meditative prayer, including Christian Meditation

Contemplative Prayer

Meditative prayer practices, including praying with labyrinths

YEAR TEN

YEAR ELEVEN

YEAR TWELVE

YEAR TEN

Prayers for justice, peace and the environment, including The Prayer of St Francis, The Magnificat and the Canticle of Creation

Contemplative Prayer

Centering Prayer

Meditative prayer, including Lectio of Nature

Meditative prayer practices, including praying with the help of nature

YEAR ELEVEN

YEAR TWELVE

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